

56th UCSF BCH Oakland Monterey Conference
Pediatrics 2026 Progress Report: Adolescent Health, Infectious Diseases, and a Century of Medical Education

Friday, November 13, 2026

Questions and Answers: Each presentation will include a 10-minute Question and Answer period.

7:30 a.m.	Registration	
8:15 a.m.	Welcome & Introduction	
8:30 a.m.	Adolescent Screen & Social Media Use: Evidence & Guidance for Clinicians	Jason Nagata, MD
9:30 a.m.	Sleep, Screens, and School: Untangling Adolescent Sleep Disorders	Mustafa Bsiekri, MD
10:30 a.m.	Break	
10:50 a.m.	Clearing the Field: Modern Sports Physicals from Heart to Hernia	Erin Grieb, MD
11:50 a.m.	Vaccines: A Whirlwind Tour of Protecting Lives	Jenna Holmen, MD
12:50 p.m.	LUNCH – Possible Product Theater	
1:50 p.m.	Managing Intergenerational Teams: Feedback and Connection	April Zaat, MD
2:50 p.m.	Putting the AI in TrAIning: Preparing Pediatricians for Tomorrow's Trainees	Tristan Nichols, DO
3:50 p.m.	American Board of Pediatrics Unpacked: Where We've Been, Where We Are, Where We're Going	Pamela Simms-Mackey, MD
4:50 p.m.	Adjourn	

Saturday, November 14, 2026

Questions and Answers: Each presentation will include a 15-minute Question and Answer period.

7:30 a.m.	Registration	
8:00 a.m.	Becoming the Expert - Advocacy Through Care	Noemi Spinazzi, MD
9:05 a.m.	Organized Sports and Activities for Children with Disabilities	Rhonda Watkins, MD
10:10 a.m.	Break	
10:25 a.m.	Bridging Policy and Practice: Legislative Updates in Special Needs Care for Pediatric Primary Care Providers	Gena Lewis, MD; Laurie Somes, Noemi Spinazzi, MD
11:30 a.m.	Re-emerging Infections: Those Old Foes We Just Can't Shake	Jenna Holmen, MD
12:35 p.m.	Adjourn	

Sunday, November 15, 2026

Questions and Answers: Each presentation will include a 15-minute Question and Answer period.

7:30 a.m.	Registration	
8:00 a.m.	Pain Reimagined: Modern Pain Science and Integrative Approaches to Healing	Jenifer Mathews, MD
9:05 a.m.	Pain Management in Pediatric Palliative and Complex Care	Eve Golden, MD
10:10 a.m.	Break for hotel checkout	
10:40 a.m.	Adolescent Substance Use in Pediatric Practice: Prevention, Screening, and Treatment	William Burrough, MD
11:45 a.m.	Beyond the Prescription: Palliative, Integrative, and Addiction Medicine Approaches to Pediatric Pain	William Burrough, MD; Eve Golden, MD; Jenifer Mathews, MD
12:50 p.m.	Adjourn	